

# TOP 10 WAYS



**Time:** Varies (see below)

**Materials:** TOP 10 cards, pens, paper, watch, easel paper, markers

**Audience:** Students from high school through college, Adults

**Note:** We have provided one set of TOP 10 cards but you should feel free to adapt these cards or write your own to suit the group you are training.

**VERSION I:** Individual/Large Group Activity (15-20 minutes)

- Cut out and shuffle the TOP 10 cards from the worksheet. Have one participant select a card and read it to the rest of the group. Say, “I’m going to give you five minutes. In the next five minutes, I want you to brainstorm at least ten different strategies for responding to the category on the card.”
- Participants should work alone, silently. After five minutes, say, “Now we’re going to see what everyone came up with. We’ll go around the room, and each person should read one idea from their list. If someone reads an idea that you already have, cross it off your list.” Write ideas on the easel paper. Go around until there are no ideas remaining.
- If time permits, the group can rank and/or vote on the TOP 10 ideas. As a follow-up, compile a worksheet that can be distributed to participants and others for sharing strategies.

**VERSION II:** Individual/Partner Activity (20 minutes)

- Cut out and shuffle two sets of the TOP 10 cards from the TOP 10 worksheet. Have each participant select a TOP 10 card. Make sure that two of each card are selected. Say, “I’m going to give you five minutes. In the next five minutes, I want you to brainstorm at least ten different strategies for responding to the category on your card.”
- Participants should work alone, silently. After five minutes, say, “Find a partner who has the same card as you.” In pairs, one partner should share their list while the other partner listens. Then, the partners should switch: the second partner should share their list while the first partner listens.
- Afterwards, the large group should re-convene. Say, “Now we’re going to go around the room. Each person should share your pair’s topic and one idea you really liked that your partner came up with.”

**VERSION III:** Small Group Activity (20 minutes)

- Cut out and shuffle the TOP 10 cards from the worksheet. Split the group into small groups and give each small group one card. Say, “I’m going to give you five minutes. In the next five minutes, I want you to brainstorm at least ten different strategies for responding to the category on the card.”
- Small groups should assign a recorder to take legible notes for the group. After five minutes, say, “Now we’re going to switch topics.” Each group should pass its list and TOP 10 card to another group. Once each group has a new list, say, “Now I want you to take five more minutes and quickly rank the TOP 10 strategies on your new list, in order of their effectiveness or creativity. Write them up on a separate piece of easel paper.”
- Post new TOP 10 lists around the room. If time permits, the group can walk around and view the ideas. As a follow-up, compile a worksheet that can be given to participants and others for sharing strategies.

**OTHER VERSIONS:**

- Try out TOP 10 as a large group brainstorm (one card at a time), as a carousel (one card posted on each sheet of easel paper at stations around the room), or as a free write.
- Add in an arts component: Have groups design posters or brochures to promote their TOP 10 or create performances to demonstrate their strategies to the rest of the group.

# TOP 10 CARDS

<p>List the <b>TOP 10 WAYS</b> to respond to a young person who says, "That's so gay."</p>	<p>List the <b>TOP 10 WAYS</b> to honor the contributions of LGBTQ people to your community.</p>
<p>List the <b>TOP 10 WAYS</b> to create pre-school and elementary classrooms that reflect and encourage respect for a wide range of family structures.</p>	<p>List the <b>TOP 10 WAYS</b> to provide support to young people within your community who are coming out as gay, bisexual, lesbian, and/or transgender.</p>
<p>List the <b>TOP 10 WAYS</b> to provide support to parents, family members, friends, and other loved ones of LGBTQ people in your community.</p>	<p>List the <b>TOP 10 WAYS</b> to make your community more respectful and fully inclusive of its members who are transgender.</p>
<p>List the <b>TOP 10 WAYS</b> to respond to individuals who use Torah or other Jewish texts to justify homophobia, transphobia, or other gender or sex-based discrimination.</p>	<p>List the <b>TOP 10 WAYS</b> your institution can help make the larger Jewish community more respectful and inclusive of its LGBTQ members.</p>
<p>List the <b>TOP 10 WAYS</b> to encourage young people to take the lead in confronting homophobia and transphobia in their communities (youth group, summer camp, school).</p>	<p>List the <b>TOP 10 WAYS</b> that you can make your institution or programs less heteronormative.</p>